

## Chiropody & Podiatry

30 minute consultation & treatment appointments are £30

## Nail Surgery

Inclusive Nail Surgery packages from £245 + initial assessment.  
This includes the surgery itself, all dressings and continued follow-up until healing.

**Custom milled foot orthotics** using our Orthema 3D systems

- 1st pair £130
- 2nd pair £95
- 3rd+ pairs £65

**Carbon fibre shell orthotics** from external labs

- 15 working day turnaround £190
- 3 working day turn around £215

## Orthotics servicing

- Recovering of Bartholomew Way Clinic prescribed insoles £9.99 per pair
- Recovering of other insoles £11.99 per pair
- Full refurbishment of orthotics from £16.99

*All casting and fitting and while you wait servicing appointments are charged at our normal consultancy rate.*

## Footwear Modifications

Requirements for footwear modifications can vary dramatically between patients.

- Single sided medial heel flare from £85
- A pair of medial heel flares (left & right) from £105
- Simple heel raise £25 per shoe
- Simple heel and forefoot raise £45 per shoe
- Midsole cut-through raises from £85

*All shoe assessment, fitting and alteration appointments are charged at our normal consultancy rate.*

## Sports Massage Therapies

One hour massage £35  
30 minute massage £25

## Physiotherapy-

Our physio is registered with all the major health insurance companies.

BUPA, Standard Life, AXA PPP, Norwich Union, Standard Life, Cigna, WPA..

If you are not insured we offer very competitive rates for treatment.

- Initial appointments of 45-60 minutes are £45
- Subsequent treatment appointments of 30 minutes are £30

We accept Maestro, Visa & Mastercard, Cash and Cheques.